

**2ND CONGRESS EUROPEAN COLLEGE OF SPORT AND EXERCISE
PHYSICIANS
&
12TH ANNUAL SCIENTIFIC CONFERENCE IN SEM QMUL CSEM
Queen Mary, Bancroft Building, London E1
9th – 11th September 2010
ABSTRACT SUBMISSION GUIDELINES**

The Scientific Committee encourages all participants to send scientific papers to the Dr Nat Padhiar via Rachel Kent or Aynsley Pix (Rachel.Kent@bbraun.com Aynsley.Pix@bbraun.com)

The Congress Topics are listed here:

- **Ultrasound Scanning in Sports Medicine**
- **Gene, Stem Cells and Sports Medicine**
- **Guidelines on Anti-Doping**
- **2012 London Olympic and Paralympic Games**
- **Exercise Induced Leg Pain in Sport**
- **Muscle and Tendon Injuries in Sports**
- **Knee Problems in Sports Medicine**
- **Sports Nutrition**
- **Academic Programmes in Sports Medicine**
- **Biological Therapies in Sports Medicine**
- **Sports Cardiology and Pre-Participation Cardiovascular Evaluation**

Oral presentations will be allocated according to Congress Topics. Please select one topic from the list above and prepare either an Oral presentation or, a Poster. Please indicate clearly the choice of presentation but be aware that the Scientific Committee may reassign the abstract as deemed fit.

The accepted abstract will be published in the ECOSEP Congress Book. All the scientific presentations, oral (PowerPoint) and posters will be presented in English.

ABSTRACT SUBMISSION RULES

Please pay attention to the following rules for your oral and poster abstract preparation, because they are mandatory:

- The final deadline for scientific works sending will be the 12th July 2010
- The Scientific Communication will be sent to the Scientific Committee, with the form properly filled in, to the following e-mail addresses: rachel.kent@bbraun.com or aynsley.pix@bbraun.com
- The abstract shall have a clear relationship to the 2nd ECOSEP Congress contents and, definitively to Sport & Exercise Medicine.
- The Scientific Committee has the right to reject the submitted paper/poster that does not fulfil the requirement.

- Each person can present two scientific communications at the most (oral communication or poster). In case both are accepted, only one of them may be presented as an oral communication.
- Authors who are presenting a scientific oral or poster must have registered and have paid the Congress inscription fees before the 1st August 2010. Failure to do so will result in rejection of the presentation and removal from the program and the congress book.

INSTRUCTIONS FOR ABSTRACTS SUBMISSION

- Only the papers submitted in electronic form will be accepted. This format may be found in www.aesculap-academia.co.uk and www.ecosep.eu
- **Title:** The title must be brief (up to 15 words) and specific. It has to reflect the paper content and not to include abbreviations. It will be written in Arial 12 points capital letters.
- **Authors:** The surname will be written in lower case letters followed by the initial of the name (without comma after the surname). The authors will be separated by comma.
- **Workplace:** The workplace for every author must be indicated. If there are several centres, they will be identified with a number.
- **Preference for presentation:** The author will mark the kind of presentation preferred for the paper.
- **Text:** The maximal length for the text is 300 words or 3000 characters, and it will be written with an Arial 10 points lower case letter. Non explained abbreviations should be avoided. The abstract will not repeat the title and it have to adjust to the following outline: introduction, methods, results, conclusions and 3 key words.
- **Tables, figures and images** may be included respecting the maximal length of the text.
- The abstracts have to include **specific information** about the results and conclusions of the investigation. Abstracts with expressions such as “results will be discussed” will not be accepted.

NOTIFICATION OF PAPERS RECEIPT

- In a 15 days period you will receive a notification confirming the reception of your abstract. If not, you have to send your paper again with an electronic message to nat.padhiar@thpct.nhs.uk or aynsley.pix@bbraun.com

ORAL COMMUNICATION PRESENTATION

- Oral presentation will have 7 minutes of presentation and 2 minutes of question time.
- All oral presentations should be prepared in PowerPoint format. Please save it on a CD or a memory and bring it with you long before your presentation so it can be loaded on to the Congress computer. Individual laptops will not be allowed.
- Number of slides of the PowerPoint presentation should be limited to 12.

POSTER PRESENTATION

If your abstract is accepted but not as oral presentation, we suggest you to present it as a poster. If you wish to present it as a poster please email nat.padhiar@thpct.nhs.uk for further instructions.

CERTIFICATIONS

After the oral or poster presentation, we will deliver a certificate to the person in charge.

IMPORTANT DATES

1. Final deadline of the Scientific Oral and Poster submission is 12th July 2010.
2. Final deadline for the author registration fee is 1st August 2010.
3. Dead line for Author notification will be 26th July 2010.
4. Congress Dates: 9-11 September 2010.